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My Application Coach – Business Card

Please note that this is meant to describe my most commonly purchased services, but does not include all the services I offer. Additionally, certain services are available in packages which is not indicated here. I would direct your attention to my website www.myapplicationcoach.com for further information.



Prospective Clients: Commonly-Asked Questions

Personal Statement / ERAS and Mock IVs

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Dear Prospective Clients:

Welcome to My Application Coach! Thank you for considering me as your application coach for Match#2026. Whether this is your first time applying for residency or you are reapplying, I am confident I can help you present a professional, polished application, although I cannot guarantee you will match.

Many of you have asked me how I work with my clients. Specifically, many prospective clients wish to understand the mechanics of a client session so that they can set their expectations. I trust that the brief comments below will provide answers to the most commonly asked questions.

How do we work on my ERAS application?

- For the ERAS application, I ask my clients to use a specific editable form I have created, which they then submit to me. It's very easy to use and does not require completion in one setting. You simply save the form after each edit, and then return to wherever you have left off. During our session, I will provide suggestions and revisions I have made in advance. We will review my comments alongside your existing writing during our 90-minute session.

What about the Personal Statement?

- For the Personal Statement, I will review it thoroughly before our session, unless it is uploaded at the last minute. We will discuss it during our meeting, and I will offer general and specific suggestions. Whether you require additional time for feedback (via email or a shorter virtual session) will depend on several factors. A PS session is designed to review a single personal statement. If you are applying to multiple specialties and have written several different personal statements that vary considerably, I am happy to review these for you but such would require purchase of an additional session or sessions, which I offer at deeply discounted rates.

Will my ERAS Application or Personal Statement be finalized at the end of our session? What if some adjustments are still needed?

- I aim to finalize your ERAS Application and/or Personal Statement (PS) by the end of our session. However, if this goal is not met, we may still exchange a few emails between us for revisions until everything is complete. I do not charge for these additional revisions unless they become excessive. My goal is always to exceed my clients' expectations.

What about the Mock Interview? What should I expect?

- The Mock Interview session consists of one 90-minute meeting only. This session provides ample time to experience all the common questions asked during residency interviews, including behavioral questions. As is appropriate, I will tailor some of my interview questions to the specific specialty on which you wish me to focus. After the session, you will receive a link to review the video of your interview from start to finish. Typically, we spend about 45 minutes on the interview (much longer than a typical interview) and 45 minutes debriefing with a review of your specific answers.

I've decided to purchase your services. What happens next?

- Once you purchase my services, I will email you detailed instructions, including links to forms, videos, written guides, and additional information you may need. You can rest assured that you will have all the support you need to navigate the process effectively.
- All of my services are scheduled through myapplicationcoach.com. You will schedule each session at a time that is convenient for you.
- Please let me know if you are having difficulty navigating your purchase or if you have scheduling issues. It is common for foreign credit cards to be problematic, and your purchase may not go through. I suggest having an alternate source for payment, should that occur.
- All virtual meetings are conducted through ZOOM. Please ensure that you have installed ZOOM on your computer and that you have checked its functionality prior to our meeting. If there is an issue with an internet outage or a poor connection, I will reschedule your meeting free of charge. There is no way I could hold anyone accountable for such unexpected circumstances. While I have backup systems in place, the same is possible for me, and I expect the same consideration from you.
- Please join our session promptly at the scheduled time. I will generally wait 15 minutes before concluding that you are not joining and void the session. If extenuating circumstances preclude your availability, I will reschedule your session at my discretion. You can cancel and reschedule your session within 24 hours or more, should the need arise. If some urgency prevents you from joining our meeting, please contact me ASAP.

Still Undecided?

If you have not already used this benefit, you have the option of scheduling a 20-minute Discovery Session to tell me a bit about you and ask additional questions about the process before diving deeper.

<https://www.myapplicationcoach.com/discovery-booking>

That's it for now. I look forward to productive coaching sessions with you.

Miriam Parker



ERAS Application Review Session

Do you need help with review of your ERAS application so that demonstrates your professionalism, experience and value to a program?

Service Description

Whether this is your first time applying for residency or you are reapplying, I am confident that I can help you present a professional and polished application. Prior to our virtual meeting, I will conduct a comprehensive review of your application to ensure we make the most of our time together. This process includes limited editing and wordsmithing to enhance the quality of your application.

Before our session, you will receive access to the My Application Coach® ERAS Application Worksheet. This user-friendly, web-based form is divided into sections for you to enter your geographic and setting preferences, your experiences (including title, focus area, and key characteristics), any extenuating circumstances, and your hobbies and interests. You can save your work and return at any time to continue updating each section. I will also provide written and video guidance for your reference. Once you submit your worksheet, I will review it and make edits based on your submissions.

During our Zoom meeting, we will discuss your work and any editorial suggestions I have made. We will also consider the overall impact of the experiences you have chosen to highlight. Additionally, you will need to upload your actual ERAS Application (in PDF format) to my website's portal (File Upload) so I can conduct a thorough review of all items, particularly those not included in the worksheet.

My goal is to have your ERAS Application fully completed by the end of our session. However, in some cases, a few follow-up emails may be necessary for revisions until your application is finalized. I do not charge for these revisions unless they become excessive.

Duration: One Hour and 30 minutes
Cost: \$300
Where: Virtual – ZOOM Platform

<https://www.myapplicationcoach.com/residency-applicant-booking>



Personal Statement Review Session

Do you need help with crafting your personal statement so that it is compelling, personalized and truly speaks to who you are and what you have to offer?

Service Description

Crafting your personal statement so that it is compelling to your audience is a non-negotiable. I will work with you to celebrate your unique voice, demonstrate your signature strengths, and show why you're the best person for the position. Don't settle for a mediocre personal statement; let me help you stand out from the crowd. For almost all specialties, the personal statement remains one of the top five items in your application which is used to determine if you will be invited for an interview.

The expectation from me is that you will provide your personal statement draft for my review prior to our session together. I will begin making suggested revisions which we will then discuss together. Please note that this is limited to a review and two brief revisions only for a single residency specialty. If multiple personal statements for different specialties are needed, additional personal statements will be deeply discounted at \$125 each. I will provide discount coupons to those who have purchased an initial session if they desire further personal statement reviews from other specialties.

Duration: One Hour and 30 minutes
Cost: \$300 for first review; \$125 for subsequent reviews.
Where: Virtual – ZOOM Platform

<https://www.myapplicationcoach.com/residency-applicant-booking>



Strategic Consultative Session

Do you want advice as to how best to move forward in your medical school or residency journey? Then this session is for you.

Service Description

This consultation is for you to introduce me to your current situation and obtain advice as to options for moving forward. Most clients are interested in understanding how they can strengthen their application while some may not even be certain if they should apply, and if so, to what specialty. Not infrequently, clients seek advice on "red flags" and how to ameliorate them.

We will review possible strategies together, looking at the pros and cons of each. I will give you an honest opinion of where I think you stand and what you can do. If there's objective data that is relevant to a client, I usually will try to bring such information into our session.

This consultative session is intended for use by those beginning their residency application journey, those who have started but seek further guidance, and the many applicants who are considering reapplication, having been unsuccessful in matching their first or second time.

Duration: One Hour
Cost: \$175
Where: Virtual – ZOOM Platform

<https://www.myapplicationcoach.com/residency-applicant-booking>



Mock Interview Session

Practical and personalized expert advice as to how to up-level your interview skills in a single comprehensive session with extensive feedback.

Service Description

Looking to make a great first impression during your medical school, residency or fellowship interview? If you are apprehensive about your abilities in this key application skill, you are not alone. A mock interview will allow you to grow your confidence and showcase your strengths. Every mock interview session includes a video-taped comprehensive interview and subsequent debriefing session. I will provide feedback on your responses to questions, engagement, likeability, body language and your speech. None of us were born knowing how to interview, but it's a skill everyone can learn with practice and the appropriate feedback.

Before the mock session, I provide each client with a list of questions and key strategies to help them respond effectively. This list includes general residency interview questions, as well as behavioral and situational questions that many applicants find challenging. Although a real interview will likely be shorter than our mock session, my goal is to expose you to a wide range of common questions that I believe you will encounter.

I have extensive experience in interviewing candidates and providing feedback, and I am also a Certified Interview Coach (CIC). There is no need to feel apprehensive about our session; it is designed as a learning experience. I promise that you will leave the session feeling more confident and better prepared for any upcoming interviews.

Additionally, I offer Mock Interview packages and single sessions that focus primarily on behavioral and situational questions for those seeking extra practice.

Duration: 90 minutes
Cost: \$300
Where: Virtual – ZOOM Platform

<https://www.myapplicationcoach.com/residency-applicant-booking>



Curriculum Vitae & Résumé Editing and Rebranding

Individuals seeking employment and other professional opportunities understand the importance of a strong curriculum vitae (CV) and résumé, which will enable them to stand out from the crowd. While a CV provides a comprehensive description of your professional activities (e.g., employment objectives, education, work history, externships and observerships, licenses, certificates, awards, research, publications, and presentations), a résumé is generally limited to a one-page snapshot of your achievements highlighting your strengths and any required pre-requisites for the position. Each of these has its place. I believe that a well-constructed, engaging, and aesthetically pleasing CV or résumé is much more likely to catch the attention of its reader than one that is unfocused, cluttered, and uninviting. While most individuals concentrate on their CVs, in certain circumstances, it is the résumé that is actually more helpful.

I have a proven track record of taking dull CVs and résumé and turning them into professional, eye-catching documents. This is a task I thoroughly enjoy, especially when I hear how these changes have positively impacted my clients' professional lives.

Service Description

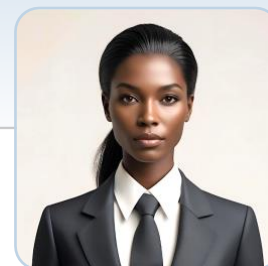
Are you looking for an updated CV and a one-page résumé that serves as the perfect accompaniment to letters of interest, requests for observerships, and other clinical experiences, as well as volunteer positions and research collaborations? This service is a complete redesign of both these essential documents with detailed attention to description, word choice, and visual appeal. I will work closely with you to understand your needs and preferences, ensuring that the final result reflects your unique professional identity. You will have options in terms of design, including color, fonts, template choice, and the addition of a headshot tailored to your needs. I guarantee you won't be disappointed with the results. We will meet to discuss your needs in detail, and then I will work independently to create your results.

Duration: 90-minute session
Cost: \$300 (includes substantial time for my work outside of our session)
Where: Virtual – ZOOM Platform

<https://www.myapplicationcoach.com/residency-applicant-booking>

First Name, Last Name MD

City, Country | +phone number | Email@gmail.com
AAMC ID: XXXXXXXXX



CAREER OBJECTIVE

Highly motivated international medical graduate (IMG) from XXXXX with an outstanding academic record, strong communication and teamwork skills, and ten years of experience in clinical practice, research, and leadership. Served as general practitioner and Internal Medicine specialist in a high-volume academic tertiary care setting, currently seeking a residency position in the United States.

INTRODUCTION

I am an ECFMG-certified IMG from the top ranked university hospital in XXXXXXX. I subsequently completed three years of residency training Internal Medicine and have been a faculty member in the department of Internal Medicine at XXXX University since 2019 where I perform clinical work, teach/mentor medical students and residents, and engage in research activities with publication credit for 11 peer-reviewed articles.

EDUCATION

M.D. - School Name | City, Country
2008-2014

- ▶ Top-Ranked Medical University in XXXXX
- ▶ **Graduated with Distinction** (top 3%)
- ▶ Recognized by WHO, UNESCO, AAU

HONORS & AWARDS

- ▶ Female Best Scorer Award (XXXX University)
- ▶ Finalist out of 450 candidates in XXXX Scholars in Global Health (SASH) Program - \$50k grant

CERTIFICATIONS

- ▶ USMLE Step 1 CK – First attempt = Pass
- ▶ **USMLE Step 2 CK – First attempt =XXX**
- ▶ OET Language Proficiency – Gold Badge
- ▶ ECFMG Certification
- ▶ Internal Medicine Specialty Certificate

PUBLICATIONS

- ▶ **Peer reviewed publications (11)**
- ▶ Accepted, *in press* (1)

HOBBIES / INTERESTS

- ▶ List of individual's Interests

KEY SKILLS

- ▶ Communication & Interpersonal Skills
- ▶ Teamwork & Collaboration
- ▶ Emotional Intelligence, Empathy and Compassion
- ▶ Critical Thinking & Clinical Problem Solving
- ▶ Cultural Awareness & Humility
- ▶ Resilience & Adaptability

POST-GRADUATE TRAINING

UNIVERSITY NAME | City, Country

Internal Medicine Residency (years during which training occurred)

- ▶ Provided internal medicine services a trainee for three years under supervision including performance of bedside ultrasound as well as other internal medicine procedures
- ▶ Served as **Chief Resident** during final year

WORK EXPERIENCE – RECENT ONLY

NAME OF WORKPLACE | City, Country

2/2019 – present

Assistant Professor of Internal Medicine

- ▶ Involved in direct patient care, teaching/mentorship and research activities

NAME OF WORKPLACE | City, Country

3/2020 – 10/2020

Head, Infection Prevention & Control

- ▶ Established largest COVID-19 center in (name) region; actively engaged in patient care
- ▶ Developed IPC guidelines and checklist; responsible for logistical operation & infrastructure; authorship credit for book on Emergency Strategic Plan
- ▶ Engaged in research on COVID-19 and HCWs (*in-press*)

VOLUNTEER ACTIVITIES

NAME OF VOLUNTEER ACTIVITY | City, Country

3/2019 – present

- ▶ Established 11 mobile clinics and provided medical care; mobilized resources for humanitarian assistance

NAME OF VOLUNTEER ACTIVITY | City, Country

8/2021 – 3/2023

- ▶ Physician Volunteer; inpatient rounds and consultations
- ▶ Mobilized orthopedic supplies (\$8k) and NPH Insulin (\$2k)
- ▶ Provided seminars on visceral leishmaniasis, malaria and brucellosis



YOUR NAME, MD, MPhil

City, State, Zipcode | XXX.XX.XXX
emailaddress@gmail.com | AAMC ID#99999999

EDUCATION

MBBS | XXXX Medical College
City, Country (2018)
Graduated with *Distinction*

M.Phil | XXX Medical University
City, Country (2020)

US CLINICAL ROTATIONS

Externship, Institute of XXX Medicine
| XXX University Hospital | City, State
(October 2023)

Externship, Cardiology | Name of
Practice | City, State (September
2023)

Externship, Primary Care | XXX
Medical Associates | City, State (April
– August 2023)

Externship, Pediatric Primary Care
XXXX Medical Care | City, State
(December 2022 – February 2023)

ECFMG CERTIFIED / US CITIZENSHIP

USMLE Step 1: Passed 1st attempt
USMLE Step 2 CK: XXX; 1st attempt
USMLE Step 3: XXX; 1st attempt
OET Certified – Gold Level

KEY QUALIFICATIONS

Strong Communication Skills /
Emotional Intelligence
Critical Thinking / Problem-solving
Teamwork and Collaboration
Teaching and Mentorship

CAREER OBJECTIVE

- Highly motivated ECFMG-certified international medical graduate from XXXXXX with prior background as a senior lecturer in Physiology and General Medical Officer seeking a Family Medicine residency in the US. Extensive prior background of service to socioeconomically disadvantaged population. Career goal is to practice outstanding evidence-based family medicine in a environment which values collaborative work and supports volunteerism.

PROFESSIONAL BIOGRAPHY HIGHLIGHTS

- ACADEMIC ACHIEVEMENTS:** Excellent performance on the medical school entrance exam (ETEA – Education Testing and Evaluation Agency). Admitted to XXXX Medical College which is recognized by the XXXX Medical and Dental Council and listed in the World Directory of Medical Schools. Secured MMBS degree - all first attempts with honors in anatomy, physiology and pharmacology. Earned a Master's degree (MPhil) in Physiology from XXXXX Medical University.
- CLINICAL EXPERIENCE:** Houseofficer position at largest public hospital in XXXX with work in ER/inpatient adult wards and L&D. Subsequent work independently as general medical officer at the XXXXX Institute for over 2 years. Multiple varied primary care and inpatient observerships in the US caring for adult and pediatric patients. Worked as medical scribe in an internal medicine clinic and currently holds a position as medical assistant in a busy primary care practice.
- TEACHING/MENTORSHIP:** Served as Senior Lecturer in the Department of Physiology at XXXX Institute in City, Country. Responsible for the teaching and mentorship of undergraduate medical students using problem-based learning.
- RESEARCH EXPERIENCE/SCHOLARLY ACTIVITIES:** Master's thesis on the the topic of X. Supported undergraduate students in their research projects. Publication credit for four articles.
- VOLUNTEERISM:** Decades of activism in Organization X whose mission is shared responsibility to take action on world's most persistent issues. Supported national polio initiative to vaccinate children and eradicate poliomyelitis, volunteered in medical camps for disaster-affected areas in XXXX. Organized fund raising events for earthquake and flood victims. Provided health education and provided medical check-ups in rural areas



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Miriam Parker MD, FACP, CIC, CSCC

Dr. Miriam Parker, a former Internal Medicine Program Director and Designated Institutional Official, brings a unique blend of experience and expertise to her role as a coach at My Application Coach. With a twenty-five-year background in the GME community, she has interviewed numerous residency applicants and reviewed countless ERAS applications and personal statements. Her dedication to her clients is unwavering, ensuring their applications are polished and professional and reflect their distinctive voice. Dr. Parker's focus on crafting compelling personal statements and preparing applicants for high-stakes residency interviews sets her apart.

Her coaching style, both collaborative and directive in nature, is infused with compassion and concern for each individual. Dr. Parker goes above and beyond to ensure that she over-delivers for each of her clients and can be counted upon to take care of those she coaches long after a coaching session ends.

As a Certified Interview Coach (CIC), Certified Student Career Coach (CSCC) and an executive and well-being/resiliency coach, Dr. Parker is well-equipped to guide her clients. She offers a comprehensive range of services, including review of ERAS applications, personal statements, curriculum vitae, mock interviews, match strategies, and general mentoring, ensuring her clients are well-prepared for their professional journey.

Interested in becoming a client? Book a complimentary Discovery Session to discuss your needs.



My Application Coach
Expert Medical Career Guidance

www.myapplicationcoach.com

Miriam Parker MD

Certified Interview & Student Career Coach (CIC, CSCC)



- ERAS /AMCAS Application Review
- Personal Statement Review
- Mock Interviews
- Mentorship
- Resume & Documents Review
- CASPER / SJTs /Medical Ethics



www.myapplicationcoach.com



<https://www.youtube.com/@myapplicationcoach>



<https://www.linkedin.com/in/miriam-parker-md-facp-cic-cscc-391a2255/>